



# The National Survey of Children's Health

Overweight and Physical Activity Among Children:  
A Portrait of States and the Nation 2005

## Nevada

All statistics are based on parental reports.

National %	State %	
14.8	12.4	Percent of children who are overweight
21.9	18.5	Age 10-11
14.4	12.1	Age 12-14
10.7	8.9	Age 15-17
22.4	16.3	0-99% Federal poverty level
19.0	18.0	100-199% Federal poverty level
13.7	11.1	200-399% Federal poverty level
9.1	7.6	400% Federal poverty level or more
18.1	15.1	Male
11.5	9.5	Female
		Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week
71.3	72.6	
78.2	78.9	Age 10-11
74.2	76.5	Age 12-14
63.3	63.7	Age 15-17
76.8	76.7	Male
65.6	68.1	Female
		Percent of children who were on a sports team or took sports lessons during the past 12 months
58.6	51.6	
61.5	54.8	Age 10-11
61.6	48.7	Age 12-14
53.4	52.3	Age 15-17
62.1	52.8	Male
55.0	50.2	Female
72.9	75.4	Percent of children with at least one parent who exercises regularly